Synchrony
MEDICAL GROUP
Mind • Body • Wellness



InBody Body Composition Scan

Know your body beyond the scale.

A QUICK, NON-INVASIVE BODY COMPOSITION ANALYSIS THAT PROVIDES DETAILED INFORMATION ABOUT YOUR OVERALL HEALTH AND FITNESS, NOT JUST WEIGHT ALONE.

What Your Scan Measures

- Body fat percentage
- Muscle mass
- Visceral fat (fat surrounding internal organs)
- Total body water
- Lean body mass
- Basal metabolic rate (calories burned at rest)
- Segmental muscle and fat distribution by arms, legs, and trunk
- Weight and BMI

What To Expect

- Less than 60 seconds
- No needles, blood draws, or radiation.
- Stand barefoot on the device.
- Results available immediately and reviewed with you.

Who can Benefit?

- Weight loss patients
- Individuals starting a fitness program
- Patients managing diabetes, heart disease, or metabolic conditions
- Anyone improving overall wellness and body composition
- Patients monitoring muscle mass while using GLP-1 medications (Ozempic®, Wegovy®, Mounjaro®, Zepbound®, etc.)

Why It Matters

Weight alone does not tell the whole story. The InBody Scan helps track changes in muscle, fat, and hydration, providing a more complete picture of your health and progress over time.

Recommended Frequency:
every 4-12 weeks

READY TO GET STARTED?

Speak with your doctor at your next visit or ask to schedule a dedicated appointment.

661-836-5004
TO SCHEDULE

ASK YOUR CARE TEAM